

JUNE 2019

REPORT



PREPARED BY
ESTONIAN FOOD BANK

What we do?



GOALS OF ESTONIAN FOOD BANK

The Estonian Food Bank was established in 2010 to help prevent food waste and fight poverty. We work every day to rescue food from supermarkets, food producers and importers.

FOOD AID RECEIVERS

We work closely with social workers and other charity organizations to identify the people who most need our help. We work closely with social workers and other charity organizations to identify the people who most need our help.

IN NUMBERS

- 14 Food banks across Estonia serve about 10 thousand people weekly
- In 2018, 1,293 tons of food was given to people in need for food aid
- Food aid was distributed to 145 different organisations across Estonia
- Turnover in 2018: 1.34 million kilos of food + 34,000 packages of EU food-aid
- 200 volunteers every week: Volunteers collect the food, sort it, control it, pack it and distribute it to people living in poverty

UPCOMING EVENTS

26th of September: Charity event "Feed the children" at Siidrifarm

13th to 14th of December: Food Drive

CHARITY EVENT "FEED THE CHILDREN"

To support the efforts of Estonian Food Bank, for the third consecutive year, we are organizing a charity dinner "Feed the Children". This year's aim is to collect thirty thousand euros that will be used to support the Food Banks in the southern part of Estonia.

FOOD DRIVE

Twice a year the food banks in Estonia hold food drives. During the food drive people in supermarkets are invited to donate food to the local food bank. The donated food will be transported to the food bank and given free of charge to people in need during weekly food aid.

Results of food drives 2016-2018

YEARS

2016

2017

2018

78,499

KILOS

63,765

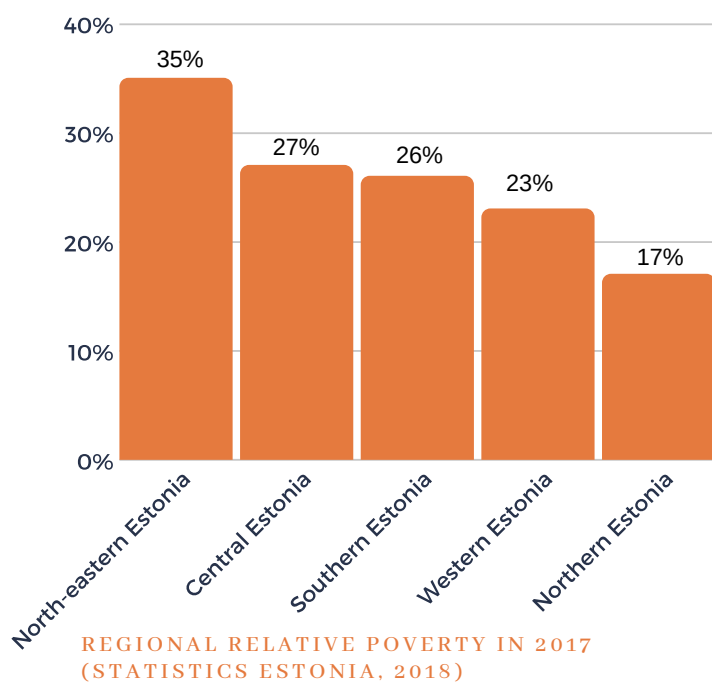
KILOS

58,722

KILOS

Poverty in Estonia

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RELATIVE POVERTY IN ESTONIA

According to Statistics Estonia, 22.6% of the Estonian population lived in relative poverty* in 2017 – that is 295 000 people.

*According to the relative poverty indicator, a person is considered to be poor if his or her equivalised disposable income falls below 60% of the national median equivalised disposable income. In 2017, people living in relative poverty earned less than 523 euros a month.

ABSOLUTE POVERTY IN ESTONIA

According to Statistics Estonia 44 000 people lived in absolute poverty* in 2017. In other words 3,4% of Estonian population had to live by with an income less than 207 euros a month.

*The absolute poverty threshold expresses the monetary cost of satisfying minimum needs. The basis for calculating the absolute poverty threshold is the minimum expenditures of households at current prices.

POVERTY AMONG CHILDREN

In 2017, relative poverty among Estonian children was 15,9%. That is 39 700 people under 18 years of age including 8000 children living in absolute poverty.

Year 2017 in numbers

295

THOUSAND

People lived in relative poverty

44

THOUSAND

people had to get by with less than 207 euros a month

15,9

PERCENT

of Estonian children lived in relative poverty

Food waste and rescue

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FOOD WASTE IN ESTONIA

According to Stockholm Environmental Institute (2015):

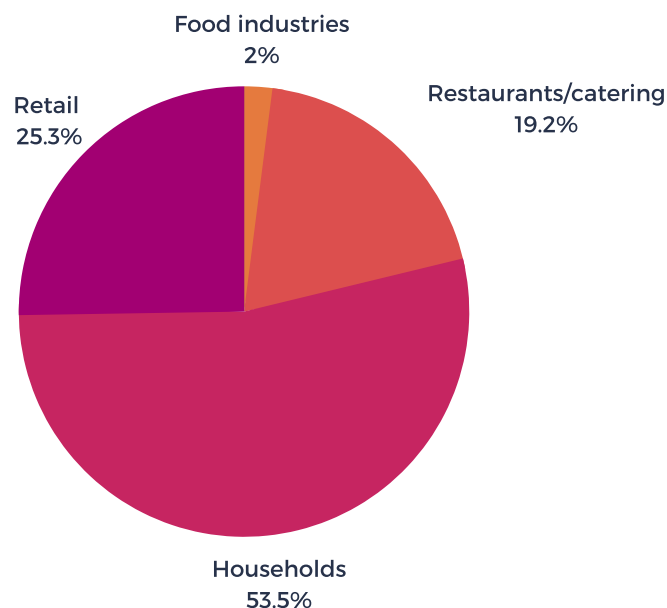
- 99,800 tons of food per year is wasted
- 47,180 tons of it is totally edible

SHARE OF WASTE BY SECTORS

- Food waste generated in households constitutes the biggest share in the total amount of food waste compared to other representatives of the food supply chain.
- Retail sector follows as 25% of total food waste is generated in that sector.
- 12 000 tons of food is thrown away by supermarkets alone

FOOD RESCUE BY FOOD BANK

- In 2018, the Estonian food banks rescued 1.300 tons of food.
- That is only a few percent of all food discharged by supermarkets and wholesale companies, importers and producers.
- Our aim is to increase the total amount of rescued food by 20% a year.



SHARE OF EDIBLE FOOD WASTE
GENERATED BY SECTORS (SEIT, 2015)

IMPORTANCE OF REDUCING FOOD WASTE

Food waste is an issue of importance to global food security and good environmental governance, directly linked with environmental (e.g. energy, climate change, water, availability of resources), economic (e.g. resource efficiency, price volatility, increasing costs, consumption, waste management, commodity markets) and social (e.g. health, equality) impacts.

Facts about food waste and rescue

99,800

TONS

of food per year is wasted

47,180

TONS

is edible

1,300

TONS

of food was rescued by
Estonian Food Bank in
2018

Volunteer opportunities

ESTONIAN FOOD BANK



**WE WANT TO END HUNGER, POVERTY AND FOOD WASTE IN ESTONIA,
AND WE NEED YOUR HELP TO MAKE THIS HAPPEN.**

WAYS TO GIVE

- Volunteer with us. Offer your time and knowledge. We have multiple volunteer opportunities. From organizing a food collection to signing up for our latest campaign, you can help people in poverty today.
- Partner with us. We are proud to work with a number of fantastic partners who play a vital role in supporting our work with people in poverty.
- Warehouse volunteer: From sorting and weighing stock to delivering food parcels to providing administrative support our warehouses offer a wide range of hands-on roles for volunteers.
- Food bank centre volunteer: Food bank centres provide emergency food and support to people in poverty. From keeping the office running smoothly to making tea and meals for those visiting to signposting to local services we have a range of regular volunteering opportunities available.
- Office volunteers: Office volunteers provide administrative support throughout our Tallinn office. Whether you're returning to work, looking to develop new skills, or building on existing expertise you can make a valuable contribution to the smooth running of the charity.

CIRCLE OF KINDNESS

"Circle of Kindness" is a group of Toidupank friends and a "builder of tools" that can be used nationwide to help society develop with the aim of decreasing poverty and food waste in Estonia.

There are three main goals that will be carried out step-by-step within the next decade:

- 1) Connecting entrepreneurs, organisations and volunteers to serve the needs for Toidupank infrastructure development we've defined together.
- 2) Developing "A State view of food strategy" document in collaboration with specialists groups.
- 3) Running local and international innovation projects and tests, while gathering and sharing knowledge worldwide.

OUR CORPORATE PARTNERS



OPTIMIST / PUBLIC



MUHU PAGARID

Markko Karu

